



# SHERRIE PALM

**PELVIC ORGAN PROLAPSE KOL, VAGINAL/INTIMATE HEALTH ACTIVIST,  
AWARD WINNING AUTHOR, INTERNATIONAL SPEAKER**

## **STIMULATING THE NEXT SIGNIFICANT REVOLUTION IN WOMEN'S HEALTH DIRECTIVES**

All aspects of women's below the waist health should be talked about out loud. Millions of women *suffer in silence* with stigmatizing symptoms that have been shrouded in silence for thousands of years.

Sherrie Palm shines a light and carves a trail to destigmatize vaginal and intimate health concerns that impact over 50% of women. Recognizing a need to shift the global view of the last remaining closeted aspects of women's health, Sherrie takes steps to pioneer change within healthcare, academic, industry, and patient audiences. Cognizant of the diverse and sensitive needs of her audience, Sherrie delicately places all the cards on the table to disclose aspects of vaginal and intimate health rarely openly or effectively discussed. Her capacity to respectfully and compassionately answer all questions posed during speaking engagements endears her to the audience.

**Sherrie Palm is Founder/CEO of Association for Pelvic Organ Prolapse Support (APOPS), author of three editions of the award-winning book *Pelvic Organ Prolapse: The Silent Epidemic*, an internationally recognized women's vaginal & intimate health advocate, and a POP Key Opinion Leader.**

*"Sherrie Palm is an army trapped in a woman's body and that army is ignited. She is the passionate and tireless voice of the intimate problems that afflict over 50 million women. She wields amazing influence within the medical community, the medical industry, and patient groups. I know. I've witnessed it. If you want relevance, connection, and inspiration with every woman in your niche, you want Sherrie."*

**Marco Pelosi III, MD, FACOG, FACS, FICS, FAACS**

*"When Sherrie was diagnosed and treated for POP, she not only recognized that we women did not have information, she also recognized that we did not have community. Her initiative to found APOPS and to write books addressing POP has changed lives and continues to change lives every day. Her resolve to obliterate the stigma attached to POP and POP symptoms is palpable throughout her work as she speaks about POP as just another health condition. Sherrie is such an inspiration as she continues her crusade to educate women, healthcare providers, and academics about the impact that POP has on lives. Thank you, Sherrie Palm, for modeling passion, compassion, tenacity, and persistence, and for encouraging and empowering women to use their voices."*

**Mary Pippen, Patient**

*"I have never met a person as dedicated to pelvic health awareness as Sherrie Palm. Sherrie's commitment to de-stigmatizing sexual and pelvic health has created a strong current that is now being felt around the world. The wave of change is coming, and its strongest voice is Sherrie Palm."*

**Sunny Caminero, MD**

***Informative, Insightful, Empowering. Palm's presentations are a must attend for Healthcare, Industry, Academia, Research, HR, Policy, and Women of all ages.***

### TOPIC EXAMPLES:

- ❖ *The Next Revolution in Women's Wellness*
- ❖ *Physician Objectives, Patient Perspectives: Bridging the POP Gap*
- ❖ *Impact to Intimacy: When POP Creates Problems in the Bedroom*
- ❖ *Athletic Activities and the Pelvic Floor: Protect and Preserve*
- ❖ *POP Insights: Advancing Vaginal, Intimate, and Pelvic Health*

Travels from: Milwaukee, Wisconsin/USA

For program pricing/availability, submit inquiry to [sjipalm@wi.rr.com](mailto:sjipalm@wi.rr.com) or call 262-642-4338.

Sherrie Palm Bio, CV, books, videos, & articles accessible at:

<https://www.pelvicorganprolapsesupport.org/sherrie-palm>